

## Microbiome Information for: Intracranial aneurysms

### For prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are *a priori suggestions* that are predicted to independently reduce microbiome dysfunction. Suggestions should *only be done after a review* by a medical professional factoring in patient's conditions, allergies and other issues.

**This report may be freely shared by a patient to their medical professionals**

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Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (<https://www.ombrelab.com/>)

Thorne (<https://www.thorne.com/products/dp/gut-health-test>)

Worldwide: BiomeSight (<https://biomesight.com>) - Discount Code 'MICRO'

### Analysis Provided by Microbiome Prescription

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## Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of Intracranial aneurysms

*Nota Bena:* Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

| Bacteria Name       | Rank   | Shift | Taxonomy ID | Bacteria Name             | Rank    | Shift | Taxonomy ID |
|---------------------|--------|-------|-------------|---------------------------|---------|-------|-------------|
| Alphaproteobacteria | class  | Low   | 28211       | Fusobacterium             | genus   | High  | 848         |
| Clostridia          | class  | Low   | 186801      | Howardella                | genus   | Low   | 404402      |
| Fusobacteria        | class  | Low   | 203490      | Lactobacillus             | genus   | Low   | 1578        |
| Oscillospiraceae    | family | High  | 216572      | Parabacteroides           | genus   | High  | 375288      |
| Rikenellaceae       | family | High  | 171550      | Romboutsia                | genus   | Low   | 1501226     |
| Veillonellaceae     | family | Low   | 31977       | Ruminococcus              | genus   | High  | 1263        |
| Allisonella         | genus  | Low   | 209879      | Ruthenibacterium          | genus   | High  | 1905344     |
| Anaerofilum         | genus  | Low   | 52784       | Terrisporobacter          | genus   | Low   | 1505652     |
| Anaerotruncus       | genus  | High  | 244127      | Eubacteriales             | order   | High  | 186802      |
| Bacteroides         | genus  | High  | 816         | Rhodospirillales          | order   | Low   | 204441      |
| Blautia             | genus  | High  | 572511      | Campylobacter concisus    | species | High  | 199         |
| Collinsella         | genus  | Low   | 102106      | Campylobacter gracilis    | species | High  | 824         |
| Coprococcus         | genus  | Low   | 33042       | Campylobacter hominis     | species | High  | 76517       |
| Eubacterium         | genus  | Low   | 1730        | Campylobacter ureolyticus | species | High  | 827         |
| Faecalibacterium    | genus  | Low   | 216851      | Hungatella hathewayi      | species | Low   | 154046      |
| Fournierella        | genus  | High  | 1940255     | Prevotella intermedia     | species | High  | 28131       |
|                     |        |       |             | Streptococcus mitis       | species | High  | 28037       |

## Substance to Consider Adding or Taking

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: <https://microbiomeprescription.com/library/dosages>. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

Antibiotics annotated with [CFS] have been used with various degree of success with Myalgic Encephalomyelitis, Chronic Fatigue Syndrome, Chronic Lyme, Chronic Q-Fever and Long COVID conditions. Rotation of antibiotics with 3 weeks off between courses is recommended.

5,6-dihydro-9,10-dimethoxybenzo[g]-1,3-benzodioxolo[5,6-a]quinolizinium {Berberine} 1.5 gram/day  
 2H-1,6,2-benzothiazol-1,1,3-trione {Saccharin} 450 mg/day  
 Abstention from eating {Fasting}  
 Agaricus bisporus {White button mushrooms}  
 Capsicum annuum {Peppers} {Cayenne Pepper, Hot Pepper}  
 cellulose  
 Curcuma amada {Mango ginger}  
 Dextrin 40 gram/day  
 D-glucose {Glucose}  
 Diferuloylmethane {Curcumin} 3 gram/day  
 Ethyl alcohol {Grain alcohol}  
 Ferrum {Iron Supplements} 400 mg/day  
 fucoidan {Brown Algae Extract} 8.8 gram/day  
 Ganoderma sichuanense {Reishi Mushroom} 3.4 gram/day

Heyndrickxia coagulans {B. coagulans} 10 BCFU/day  
 High-protein diet {Atkins low-carbohydrate diet}  
 ketogenic diet  
 Linum usitatissimum {Flaxseed} 30 mg/day  
 methionine-choline-deficient diet {methionine-choline deprivation" diet}  
 N-(phosphonomethyl)glycine {glyphosate}  
 partially hydrolysed guar gum  
 Phaseolus vulgaris {Boston bean}  
 Polydextrose {polydextrose}  
 Pulses, Beans  
 resistant starch  
 Sodium Chloride {Salt}  
 Sus domesticus {Pork}  
 Tributyrin

## Retail Probiotics

Over 260 retail probiotics were evaluated with the following deemed beneficial with no known adverse risks.

Biomed / Bacillus Coagulans  
nature's way (au) / adult vita gummies daily probiotic 80s  
source naturals / duraflora  
thorne / bacillus coagulansvet 60 caps  
schiff / digestive advantage  
daiichi sankyo healthcare (jp) / panlacmin tablet  
Bromatech (IT) / Serobiome  
Bulk Probiotics / Bacillus Coagulans Probiotic  
Ombre / Harmony

Note: Some of these are only available regionally – search the web for sources.

## Substance to Consider Reducing or Eliminating

These are the most significant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (<https://www.kegg.jp/>) may provide better insight on the course of action to take.

|                                                                                                       |                                                                 |
|-------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|
| (2->1)-beta-D-fructofuranan {Inulin}                                                                  | Hordeum vulgare {Barley}                                        |
| (2E,4E,6E,8E)-3,7-dimethyl-9-(2,6,6-trimethylcyclohex-1-en-1-yl)nona-2,4,6,8-tetraen-1-ol {Vitamin A} | imipenem                                                        |
| (2S)-2-amino-5-carbamimidamidopentanoic acid {arginine}                                               | Lactocaseibacillus casei {L. casei}                             |
| 2-(3,4-Dihydroxyphenyl)-5,7-dihydroxy-4H-chromen-4-one {Luteolin}                                     | Lactocaseibacillus paracasei {L.paracasei}                      |
| 3,3',4',5,7-pentahydroxyflavone {Quercetin}                                                           | Lactocaseibacillus paracasei shirota {Yakult}                   |
| Amorphophallus konjac {Konjaku flour}                                                                 | Lactobacillus delbrueckii subsp. bulgaricus {L bulgaricus}      |
| amoxicillin [CFS]                                                                                     | Lactobacillus plantarum {L. plantarum}                          |
| Arthrospira platensis {Spirulina}                                                                     | Ligilactobacillus salivarius {L. salivarius}                    |
| Avena sativa {Oats}                                                                                   | Limosilactobacillus fermentum {L. fermentum}                    |
| Avena sativa x Hordeum vulgare {barley,oat}                                                           | metronidazole [CFS]                                             |
| azithromycin,[CFS]                                                                                    | Morus {Mulberry }                                               |
| bacillus                                                                                              | oligosaccharides {oligosaccharides}                             |
| bacillus licheniformis {b. licheniformis}                                                             | Panax ... {Ginseng}                                             |
| bacillus subtilis {B.Subtilis }                                                                       | pectin {pectin}                                                 |
| bacillus,lactobacillus,streptococcus,saccharomyces probiotic                                          | Pediococcus pentosaceus {P. pentosaceus}                        |
| Beta vulgaris {Beet}                                                                                  | polyphenols                                                     |
| Bifidobacterium animalis subsp. lactis {B. Lactis}                                                    | Probiotic Mixture 2 {Vetafarm Probiotic}                        |
| bifidobacterium bifidum {B. bifidum}                                                                  | pseudo-cereals {amaranth,quinoa, taro,buckwheat}                |
| Bovine Milk Products {Dairy}                                                                          | red wine polyphenols                                            |
| Cichorium intybus {Chicory}                                                                           | resveratrol-pterostilbene {grapes, blueberries}                 |
| clindamycin [CFS]                                                                                     | resveratrol-pterostilbene x Quercetin {quercetin x resveratrol} |
| Clostridium butyricum MIYAIRI 588 {Miyarisan}                                                         | rosmarinus officinalis {rosemary}                               |
| Codonopsis pilosula {Dangshen}                                                                        | Slow digestible carbohydrates. {Low Glycemic}                   |
| Dodecanoic acid {Lauric acid}                                                                         | synthetic disaccharide derivative of lactose {Lactulose}        |
| Fiber, total dietary                                                                                  | Thymus vulgaris {thyme}                                         |
| fructo-oligosaccharides                                                                               | walnuts                                                         |
| fruit                                                                                                 | whole-grain diet                                                |
| Grape Polyphenols {Grape Flavonoids}                                                                  | yogurt                                                          |
|                                                                                                       | Zingiber officinale Roscoe {ginger}                             |

## Sample of Literature Used

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Allergies

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Antiphospholipid syndrome (APS)

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benign prostatic hyperplasia

Biofilm

Bipolar Disorder

Brain Trauma

Breast Cancer

Cancer (General)

Carcinoma

cdk15 deficiency disorder

Celiac Disease

Cerebral Palsy  
Chronic Fatigue Syndrome  
Chronic Kidney Disease  
Chronic Lyme  
Chronic Obstructive Pulmonary Disease (COPD)  
Chronic Urticaria (Hives)  
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Cognitive Function  
Colorectal Cancer  
Constipation  
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COVID-19  
Crohn's Disease  
Cushing's Syndrome (hypercortisolism)  
cystic fibrosis  
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deep vein thrombosis  
Denture Wearers Oral Shifts  
Depression  
Dermatomyositis  
Eczema  
Endometriosis  
Eosinophilic Esophagitis  
Epilepsy  
erectile dysfunction  
Fibromyalgia  
Food Allergy  
Functional constipation / chronic idiopathic constipation  
gallstone disease (gsd)  
Gastroesophageal reflux disease (Gerd) including Barrett's esophagus  
Generalized anxiety disorder  
giant cell arteritis  
Glioblastoma  
Gout  
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Hemorrhoidal disease, Hemorrhoids, Piles  
Hidradenitis Suppurativa  
High Histamine/low DAO  
hypercholesterolemia (High Cholesterol)  
hyperglycemia  
Hyperlipidemia (High Blood Fats)  
hypersomnia  
hypertension (High Blood Pressure)  
Hypothyroidism  
Hypoxia  
IgA nephropathy (IgAN)  
Inflammatory Bowel Disease  
Insomnia  
Intelligence  
Intracranial aneurysms  
Irritable Bowel Syndrome  
ischemic stroke  
Juvenile idiopathic arthritis

Liver Cirrhosis  
Long COVID  
Low bone mineral density  
Lung Cancer  
Lymphoma  
Mast Cell Issues/ mastitis  
ME/CFS with IBS  
ME/CFS without IBS  
membranous nephropathy  
Menopause  
Metabolic Syndrome  
Mood Disorders  
multiple chemical sensitivity [MCS]  
Multiple Sclerosis  
Multiple system atrophy (MSA)  
myasthenia gravis  
neuropathic pain  
Neuropathy (all types)  
neuropsychiatric disorders (PANDAS, PANS)  
Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic  
NonCeliac Gluten Sensitivity  
Obesity  
obsessive-compulsive disorder  
Osteoarthritis  
Osteoporosis  
pancreatic cancer  
Parkinson's Disease  
Peanut Allergy  
Polycystic ovary syndrome  
Postural orthostatic tachycardia syndrome  
Premenstrual dysphoric disorder  
primary biliary cholangitis  
Primary sclerosing cholangitis  
Psoriasis  
rheumatoid arthritis (RA),Spondyloarthritis (SpA)  
Rosacea  
Schizophrenia  
scoliosis  
sensorineural hearing loss  
Sjögren syndrome  
Sleep Apnea  
Slow gastric motility / Gastroparesis  
Small Intestinal Bacterial Overgrowth (SIBO)  
Stress / posttraumatic stress disorder  
Systemic Lupus Erythematosus  
Tic Disorder  
Tourette syndrome  
Type 1 Diabetes  
Type 2 Diabetes  
Ulcerative colitis  
Unhealthy Ageing  
Vitiligo