

Microbiome Information for: neuropathic pain

For non-prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are *a priori suggestions* that are predicted to independently reduce microbiome dysfunction. Suggestions should *only be done after a review* by a medical professional factoring in patient's conditions, allergies and other issues.

This report may be freely shared by a patient to their medical professionals

Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (<https://www.ombrelab.com/>)

Thome (<https://www.thome.com/products/dp/gut-health-test>)

Worldwide: BiomeSight (<https://biomesight.com>) - Discount Code 'MICRO'

Analysis Provided by Microbiome Prescription

A Microbiome Analysis Company

892 Lake Samish Rd, Bellingham WA 98229

Email: Research@MicrobiomePrescription.com

[Our Facebook Discussion Page](#)

Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of neuropathic pain

Nota Bena: Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

Bacteria Name	Rank	Shift	Taxonomy ID	Bacteria Name	Rank	Shift	Taxonomy ID
Desulfovibrionaceae	family	Low	194924	Bifidobacteriales	order	Low	85004
Lachnospiraceae	family	Low	186803	Lactobacillales	order	Low	186826
Akkermansia	genus	Low	239934	Clostridium butyricum	species	Low	1492
Bacteroides	genus	Low	816	Faecalibacterium prausnitzii	species	Low	853
Eggerthella	genus	High	84111	Limosilactobacillus reuteri	species	Low	1598
Lachnospira	genus	Low	28050	Odoribacter splanchnicus	species	Low	28118
Parabacteroides	genus	Low	375288	Roseburia hominis	species	Low	301301
Roseburia	genus	Low	841	Bifidobacterium longum subsp. infantis	subspecies	Low	1682

Substance to Consider Adding or Taking

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: <https://microbiomeprescription.com/library/dosages>. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

- (RS)-2-(4-(2-methylpropyl)phenyl)propanoic acid {ibuprofen}

Animal cohabitation {Owning a Pet}

Azadirachta indica {Neem} 120 mg/day

Below normal temperature {Cold exposure}

bifidobacterium infantis {B. infantis} 10 BCFU/day

Cannabis sativa {Marijuana}

cetirizine dihydrochloride,(prescription)
- chlorhexidine

cobalamin {Vitamin B-12} 10 mg/day

Ethyl alcohol {Grain alcohol}

Monascus purpureus x Oryza sativa {Red yeast rice}

omeprazole,(prescription)

Sucralose {Splenda} 340 mg/day

Tobacco consumption {Smoking}

Retail Probiotics

Over 260 retail probiotics were evaluated with the following deemed beneficial with no known adverse risks.

CustomProbiotics.com / B. Infantis Probiotic Powder
VSL Pharmaceuticals / Oxadrop
Seeking Health / Probiota Bifidobacterium
spain (es) / alflorex
Botica Alternativa / Bifidobacterium Infantis
Metabolics / Bifidobacterium Infantis Powder
natren / life start 2 (goat milk-based)
Wakunaga / Kyo-Dophilus® Multi 9 Probiotic
custom probiotics / d-lactate free probiotics powder
Probiotic 10 Billion Active Cells Daily Maintenance
bravo europe / starter and complex
custom probiotics / five strain bifidobacteria
Pendulum / Pendulum Glucose Control
HLH BIOPHARMA(DE) / LACTOBACT ® FORTE
CVSHealth / Daily Probiotic
Bioflora(MX) / Woman
Maple Life Science™ / Bifidobacterium infantis
Bulk Probiotics / B. Infantis Probiotic Powder
anabolic laboratories / probiotic complete
Pendulum / Metabolic Daily
Wakunaga / Pro+ Synbiotic
Genesis Bifidobacterium Complex BB Probiotic
cytoplan(uk) / dentavital bifidophilus

Note: Some of these are only available regionally – search the web for sources.

Substance to Consider Reducing or Eliminating

These are the most significant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (<https://www.kegg.jp/>) may provide better insight on the course of action to take.

5,6-dihydro-9,10-dimethoxybenzo[g]-1,3-benzodioxolo[5,6-a]quinolizinium {Berberine}
(2->1)-beta-D-fructofuranan {Inulin}
Abstention from eating {Fasting}
arabinogalactan {arabinogalactan}
Avena sativa x Hordeum vulgare {barley,oat}
bacillus,lactobacillus,streptococcus,saccharomyces probiotic
Diferuloylmethane {Curcumin}
fruit
fruit/legume fibre
Hordeum vulgare {Barley}

Human milk oligosaccharides (prebiotic, Holigos, Stachyose)
Lactobacillus plantarum {L. plantarum}
long-term, moderate-intensity exercise {exercise}
Malus domestica {apple}
oligosaccharides {oligosaccharides}
Outer Layers of Triticum aestivum {Wheat Bran}
pectin {pectin}
β-glucan {Beta-Glucan}
walnuts
wheat

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Acne

Addison's Disease (hypocortisolism)

ADHD

Age-Related Macular Degeneration and Glaucoma

Allergic Rhinitis (Hay Fever)

Allergies

Allergy to milk products

Alopecia (Hair Loss)

Alzheimer's disease

Amyotrophic lateral sclerosis (ALS) Motor Neuron

Ankylosing spondylitis

Anorexia Nervosa

Antiphospholipid syndrome (APS)

Asthma

Atherosclerosis

Atrial fibrillation

Autism

Autoimmune Disease

Barrett esophagus cancer

benign prostatic hyperplasia

Biofilm

Bipolar Disorder

Brain Trauma

Breast Cancer

Cancer (General)

Carcinoma
cdkl5 deficiency disorder
Celiac Disease
Cerebral Palsy
Chronic Fatigue Syndrome
Chronic Kidney Disease
Chronic Lyme
Chronic Obstructive Pulmonary Disease (COPD)
Chronic Urticaria (Hives)
Coagulation / Micro clot triggering bacteria
Cognitive Function
Colorectal Cancer
Constipation
Coronary artery disease
COVID-19
Crohn's Disease
Cushing's Syndrome (hypercortisolism)
cystic fibrosis
d-lactic acidosis (one form of brain fog)
deep vein thrombosis
Denture Wearers Oral Shifts
Depression
Dermatomyositis
Eczema
Endometriosis
Eosinophilic Esophagitis
Epilepsy
erectile dysfunction
Fibromyalgia
Food Allergy
Functional constipation / chronic idiopathic constipation
gallstone disease (gsd)
Gastroesophageal reflux disease (Gerd) including Barrett's esophagus
Generalized anxiety disorder
giant cell arteritis
Glioblastoma
Gout
Graves' disease
Gulf War Syndrome
Halitosis
Hashimoto's thyroiditis
Heart Failure
hemorrhagic stroke
Hemorrhoidal disease, Hemorrhoids, Piles
Hidradenitis Suppurativa
High Histamine/low DAO
hypercholesterolemia (High Cholesterol)
hyperglycemia
Hyperlipidemia (High Blood Fats)
hypersomnia
hypertension (High Blood Pressure)
Hypothyroidism
Hypoxia
IgA nephropathy (IgAN)
Inflammatory Bowel Disease
Insomnia
Intelligence
Intracranial aneurysms

Irritable Bowel Syndrome
ischemic stroke
Juvenile idiopathic arthritis
Liver Cirrhosis
Long COVID
Low bone mineral density
Lung Cancer
Lymphoma
Mast Cell Issues / mastitis
ME/CFS with IBS
ME/CFS without IBS
membranous nephropathy
Menopause
Metabolic Syndrome
Mood Disorders
multiple chemical sensitivity [MCS]
Multiple Sclerosis
Multiple system atrophy (MSA)
myasthenia gravis
neuropathic pain
Neuropathy (all types)
neuropsychiatric disorders (PANDAS, PANS)
Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic
NonCeliac Gluten Sensitivity
Obesity
obsessive-compulsive disorder
Osteoarthritis
Osteoporosis
pancreatic cancer
Parkinson's Disease
Peanut Allergy
Polycystic ovary syndrome
Postural orthostatic tachycardia syndrome
Premenstrual dysphoric disorder
primary biliary cholangitis
Primary sclerosing cholangitis
Psoriasis
rheumatoid arthritis (RA),Spondyloarthritis (SpA)
Rosacea
Schizophrenia
scoliosis
sensorineural hearing loss
Sjögren syndrome
Sleep Apnea
Slow gastric motility / Gastroparesis
Small Intestinal Bacterial Overgrowth (SIBO)
Stress / posttraumatic stress disorder
Systemic Lupus Erythematosus
Tic Disorder
Tourette syndrome
Type 1 Diabetes
Type 2 Diabetes
Ulcerative colitis
Unhealthy Ageing
Vitiligo