

Microbiome Information for: Epilepsy

For non-prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are *a priori suggestions* that are predicted to independently reduce microbiome dysfunction. Suggestions should *only be done after a review* by a medical professional factoring in patient's conditions, allergies and other issues.

This report may be freely shared by a patient to their medical professionals

Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (<https://www.ombrelab.com/>)

Thorne (<https://www.thorne.com/products/dp/gut-health-test>)

Worldwide: BiomeSight (<https://biomesight.com>) - Discount Code 'MICRO'

Analysis Provided by Microbiome Prescription

A Microbiome Analysis Company

892 Lake Samish Rd, Bellingham WA 98229

Email: Research@MicrobiomePrescription.com

[Our Facebook Discussion Page](#)

Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of Epilepsy

Nota Bena: Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

Bacteria Name	Rank	Shift	Taxonomy ID	Bacteria Name	Rank	Shift	Taxonomy ID
Betaproteobacteria	class	Low	28216	Lactobacillus	genus	Low	1578
Fusobacteriia	class	High	203490	Lautropia	genus	High	47670
Lachnospiraceae	family	High	186803	Leptotrichia	genus	High	32067
Rikenellaceae	family	High	171550	Megamonas	genus	High	158846
Veillonellaceae	family	High	31977	Megasphaera	genus	High	906
Actinomyces	genus	High	1654	Neisseria	genus	High	482
Akkermansia	genus	High	239934	Niabella	genus	Low	379899
Alistipes	genus	High	239759	Parabacteroides	genus	Low	375288
Anaerostipes	genus	High	207244	Prevotella	genus	Low	838
Anoxybacillus	genus	Low	150247	Romboutsia	genus	High	1501226
Bacteroides	genus	High	816	Ruminiclostridium	genus	High	1508657
Barnesiella	genus	High	397864	Salmonella	genus	High	590
Bifidobacterium	genus	High	1678	Shigella	genus	High	620
Brevundimonas	genus	Low	41275	Streptococcus	genus	High	1301
Campylobacter	genus	High	194	Subdoligranulum	genus	High	292632
Collinsella	genus	High	102106	Sutterella	genus	High	40544
Coriobacterium	genus	High	33870	Burkholderiales	order	Low	80840
Cronobacter	genus	High	413496	Eubacteriales	order	High	186802
Devosia	genus	Low	46913	Akkermansia muciniphila	species	Low	239935
Enterococcus	genus	High	1350	Alistipes shahii	species	High	328814
Erysipelatoclostridium	genus	High	1505663	Bacteroides fragilis	species	High	817
Escherichia	genus	High	561	Christensenella minuta	species	High	626937
Faecalibacterium	genus	Low	216851	Clostridium perfringens	species	High	1502
Flavihumibacter	genus	Low	1004301	Escherichia coli	species	High	562
Fusobacterium	genus	High	848	Faecalibacterium prausnitzii	species	High	853
Haemophilus	genus	High	724	Fusobacterium mortiferum	species	High	850
Hungatella	genus	High	1649459	Parabacteroides merdae	species	Low	46503
				Streptococcus pneumoniae	species	High	1313

Substance to Consider Adding or Taking

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: <https://microbiomeprescription.com/library/dosages>. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

(2->1)-beta-D-fructofuranan {Inulin} 32 gram/day

Abstention from eating {Fasting}

~~β~~-glucan {Beta-Glucan} 500 mg/day

Retail Probiotics

Over 260 retail probiotics were evaluated with the following deemed beneficial with no known adverse risks.

nature's way (au) / restore probiotic daily health 90s

jarrow formulas / bifidus balance® + fos

naturopathica (au) / gastrohealth fibrepro

blackmore (au) / probiotics+ eczema relief

nature's way (au) / restore probiotic 30 billion 30s

Note: Some of these are only available regionally – search the web for sources.

Substance to Consider Reducing or Eliminating

These are the most significant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (<https://www.kegg.jp/>) may provide better insight on the course of action to take.

2-(3,4-Dihydroxyphenyl)-5,7-dihydroxy-4H-chromen-4-one

{Luteolin}

3,3',4',5,7-pentahydroxyflavone {Quercetin}

allium sativum {garlic}

Azadirachta indica {Neem}

bifidobacterium bifidum {B. bifidum}

Cinnamomum zeylanicum {Ceylon Cinnamon}

D-(-)-Fructose {Fruit sugar}

Diferuloylmethane {Curcumin}

enterococcus faecium {E. faecium}

Lactocaseibacillus casei {L. casei}

Lactocaseibacillus paracasei {L. paracasei}

Lactobacillus plantarum {L. plantarum}

Lavandula angustifolia {lavender}

Limosilactobacillus reuteri {L. Reuteri}

Menta × piperita {peppermint}

Metha family {Mint}

Ocimum gratissimum {Clove basil}

origanum vulgare {oregano}

Panax ... {Ginseng}

Pimpinella anisum {Anise}

Probiotic Mixture 1 {Japanese Vet Probiotic}

Probiotic Mixture 2 {Vetafarm Probiotic}

Propolis {Bee glue}

rosmarinus officinalis {rosemary}

β-(1?4)-linked D-glucosamine and N-acetyl-D-glucosamine
{Chitosan}

syzygium aromaticum {clove}

Thymus vulgaris {thyme}

yogurt

Zingiber officinale Roscoe {ginger}

Sample of Literature Used

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ADHD
Age-Related Macular Degeneration and Glaucoma
Allergic Rhinitis (Hay Fever)
Allergies
Allergy to milk products
Alopecia (Hair Loss)
Alzheimer's disease
Amyotrophic lateral sclerosis (ALS) Motor Neuron
Ankylosing spondylitis
Anorexia Nervosa
Antiphospholipid syndrome (APS)
Asthma
Atherosclerosis
Atrial fibrillation
Autism
Autoimmune Disease
Barrett esophagus cancer
benign prostatic hyperplasia
Biofilm
Bipolar Disorder
Brain Trauma
Breast Cancer
Cancer (General)
Carcinoma
cdkl5 deficiency disorder
Celiac Disease
Cerebral Palsy
Chronic Fatigue Syndrome
Chronic Kidney Disease
Chronic Lyme
Chronic Obstructive Pulmonary Disease (COPD)
Chronic Urticaria (Hives)
Coagulation / Micro clot triggering bacteria
Cognitive Function
Colorectal Cancer
Constipation
Coronary artery disease
COVID-19
Crohn's Disease
Cushing's Syndrome (hypercortisolism)
cystic fibrosis
d-lactic acidosis (one form of brain fog)
deep vein thrombosis
Denture Wearers Oral Shifts
Depression
Dermatomyositis
Eczema
Endometriosis
Eosinophilic Esophagitis
Epilepsy
erectile dysfunction
Fibromyalgia
Food Allergy
Functional constipation / chronic idiopathic constipation
gallstone disease (gsd)

Gastroesophageal reflux disease (Gerd) including Barrett's esophagus

Generalized anxiety disorder

giant cell arteritis

Glioblastoma

Gout

Graves' disease

Gulf War Syndrome

Halitosis

Hashimoto's thyroiditis

Heart Failure

hemorrhagic stroke

Hemorrhoidal disease, Hemorrhoids, Piles

Hidradenitis Suppurativa

High Histamine/low DAO

hypercholesterolemia (High Cholesterol)

hyperglycemia

Hyperlipidemia (High Blood Fats)

hypersomnia

hypertension (High Blood Pressure)

Hypothyroidism

Hypoxia

IgA nephropathy (IgAN)

Inflammatory Bowel Disease

Insomnia

Intelligence

Intracranial aneurysms

Irritable Bowel Syndrome

ischemic stroke

Juvenile idiopathic arthritis

Liver Cirrhosis

Long COVID

Low bone mineral density

Lung Cancer

Lymphoma

Mast Cell Issues/ mastitis

ME/CFS with IBS

ME/CFS without IBS

membranous nephropathy

Menopause

Metabolic Syndrome

Mood Disorders

multiple chemical sensitivity [MCS]

Multiple Sclerosis

Multiple system atrophy (MSA)

myasthenia gravis

neuropathic pain

Neuropathy (all types)

neuropsychiatric disorders (PANDAS, PANS)

Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic

NonCeliac Gluten Sensitivity

Obesity

obsessive-compulsive disorder

Osteoarthritis

Osteoporosis

pancreatic cancer

Parkinson's Disease

Peanut Allergy

Polycystic ovary syndrome

Postural orthostatic tachycardia syndrome
Premenstrual dysphoric disorder
primary biliary cholangitis
Primary sclerosing cholangitis
Psoriasis
rheumatoid arthritis (RA), Spondyloarthritis (SpA)
Rosacea
Schizophrenia
scoliosis
sensorineural hearing loss
Sjögren syndrome
Sleep Apnea
Slow gastric motility / Gastroparesis
Small Intestinal Bacterial Overgrowth (SIBO)
Stress / posttraumatic stress disorder
Systemic Lupus Erythematosus
Tic Disorder
Tourette syndrome
Type 1 Diabetes
Type 2 Diabetes
Ulcerative colitis
Unhealthy Ageing
Vitiligo